

HEALTHIER WY - YEAR 2

www.healthierWY.org



Be Ready
PREPARE. PLAN. STAY INFORMED.
health matters
EDUCATE ENGAGE EMPOWER CREATING A CULTURE OF WELLNESS



Everyone should have a plan. The likelihood of you and your family surviving a house fire depends as much or more on having a working smoke detector and an exit strategy, as on having a well-trained fire department. The same is true for surviving a natural disaster, or any other emergency. We must have the tools and plans in place to make it on our own, at least for a period of time, no matter where we are when disaster strikes. Preparation for the unexpected makes sense. **Get ready now!**

Having emergency supply kits and action plans will put the tools you may need at your fingertips. During the month of April **Healthier WY** encourages you to prepare what may be needed for your family's safety and health during a crisis. All registered participants will receive a personal first-aid kit. **Prepare. Plan. Stay Informed.**

Program Guidelines

- Improve your emergency tools, kits, supplies, or action plans each day during April.
- Think about, review, or discuss some aspect of emergency planning or preparation.

Register today at: <http://www.healthierWY.org/ready>